**West Dunbartonshire Resilience Hub**
**Wednesday 1st February 2023, 2-4pm**

**Online on Microsoft Teams**



**Theme: Developing your trauma-informed practice journey**

**AIM is to help staff/services to make progress on their journey to becoming trauma-informed, no matter where they currently are on that journey.**

* **AWARENESS of how trauma affects the brain and how we can respond to support healing**
* **LEARN some practical approaches from a residential childcare perspective that you/your service can take to progress along your trauma-informed journey**
* **KNOWLEDGE of the national trauma training resources and how to access them**
* **REFLECT on how you can change your practice and how to overcome challenges for your service**

**PROGRAMME**

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| [1:45 | Please join early for a prompt 2pm start] |
| **2:00pm** | **Welcome & introduction***Lesley Sherwood, Health Improvement Senior, WD HSCP* |
| **2:05pm** | **How to cultivate, create and build more sustainable trauma-informed & responsive practices***Gerry Diamond, Trauma-informed Educator and Teacher of Nurture, Clydebank High School* |
| **2:30pm** | **Developing our Trauma-informed Practice Journey***Paul Orr, Senior Practitioner, Blairvadach Children's House, West Dunbartonshire HSCP* |
| **2:50pm** | **Training, support and resources to help us on our journeys** *Lesley Sherwood, Health Improvement Team, West Dunbartonshire HSCP*  |
| **3:05pm** | **BREAK (5 mins)** |
| **3.10pm** | **Panel Q&A** |
| **3:30pm** | **Small group discussions**  |
| **3:50pm** | **Next steps and evaluation** |
| **4pm** | **CLOSE** |